

22nd of February 2008

## Curraghchase "The Base Weekend"

### **Menu**

#### **Friday Supper**

BBQ Chicken burger in a bun

7.30pm

Cup -a -soups

9.30pm

Toast

10.30pm

12.01am

#### **Saturday Breakfast**

Toast, corn flakes, Orange Juice

10.00am

#### **Saturday Lunch**

Pre-made Ham and Cheese Sandwiches

*patrols to Make these in Morning.*

11.00am

Apple and Chocolate

12.01pm

#### **Saturday Dinner**

Chicken Curry with Rice

2.00pm

*Chicken to be BBQ*

5.00pm

*With Vegetables on the side*

Orange Drink

6.30pm

7.45pm

### **Programme**

#### **Friday night**

Leave Church

Arrive at house

Supper

Night Walk

#### **Saturday**

Rise

Breakfast and prep Lunch

Base at house grounds

Begin Hike to Lake

Lunch at Lake

Base work begins

Head back to House

Start Dinner

Serve Dinner

**Saturday Supper**

Bicuits and toast

Cup -o - soup

Clean up

Free Time

10.30pm

Campfire

**Sunday Breakfast / Lunch**

12.30am

Lights Outs

Beans on Toast

Cornflakes Or rice Crispys

Tea and Orange Juice

Ham and Cheese Sandwiches

Cup -o - soup

**Sunday**

10.00am

Rise

Breakfast

10.45am

Clean up

11.30am

Bus for Home